A new Cajun cookbook, written by "the people of the Cajun country," has been published and is being sold throughout south Louisiana and nationally.

Titled "Acadiana Profile's Cajun Cooking, Part 2," the book contains some 200 recipes, mostly from south Louisiana homemakers, according to Trent Angers, editor and publisher of Acadiana Profile magazine, publisher of the new book.

"This cookbook was written by the best Cajun cooks in the world — the women (and some men) who run the kitchens in the homes in the Cajun country of south Louisiana," Angers wrote in the introduction to the book.

The by-line on the cover — "By the People of the Cajun Country" — was used to point up the fact that the book contains authentic Cajun recipes by the people from throughout the Cajun country. In all, the book features recipes by more than 120 different cooks, and their names are listed under their recipes. They are mostly typical south Louisiana names, such as Robichaux, Landry, Simoneaux, Guilbeau, Trahan, LeBouef, Boudreaux and Courville.

"There are some recipes from people in all 22 parishes of Acadiana, the Cajun country, making this only the second truly Acadiana-wide cookbook ever. The first was "Acadiana Profile's Cajun Cooking, Part 1," which we published in 1980," Angers says.

Crawfish etouffee, stuffed crabs, catfish courtbouillon, sausage jambalaya, yam-pecan cake and blackberry pie are among the classic Cajun dishes in the book. Others include hog's head cheese, oysters Bienville, candied yams, stuffed bell peppers, shrimp and okra gumbo, chicken and sausage gumbo, crawfish fettucine, boiled crawfish, broiled seafood platter, fried shrimp, baked wild duck and pralines.

Seven years in the making, this 6x9 spiral-bound book is a compilation of recipes that were published in Acadiana Profile magazine from 1980 through 1987. Most of the recipes were obtained from the Extension Home Economists who work with the homemakers throughout the Acadiana region.

Copies of the book can be obtained through Acadiana Profile, Box 52247, Lafayette, LA 70505, (318) 235-7919. It retails for $10, plus $1.50 for postage and handling when ordering by mail.

The recipes are presented in large print, so that they can be read from arm's length and beyond, Angers says, noting that the size of the type is about the same as that used in the large print editions of the Reader's Digest.

"The recipes were arranged in an easy-to-follow format so that anyone can follow them — even the bachelor with no experience in the kitchen," Angers points out.